



IDA HANIM SCHIEN

**Empowering Self and Become
Mindful Leaders with Psychosomatic
Analysis**

Ida Hanim have established over 25+years of expertise in management areas of Talent & Leadership Development, Corporate Communications, Branding, Marketing, Business Development, and Investor Relations. She is a certified practitioner in Investor Relations obtained from IR UK Society, United Kingdom. She served in several major industries such as merchant banking, stockbroking, general insurance, property management & development, and human capital consulting. In June 2015, Ida successfully set up and managed the largest human capital transition program for an aviation industry. Ida's key competencies are in strategic planning, human capital development, change management, facilitating & coaching, corporate communications, and investor relations.

She is a strategic thinker, strong in conceptual thinking, change agent, team leader and an executor. She builds end to end capabilities covering operational and people excellence. Ida is a self-starter, self-driven, an innovator and have a strong entrepreneurship spirit. Ida's key personality is an Influencer and she adapts when necessary. Ida described herself as a situational and value driven leader.

Passion, emphatic, engaging, ownership and self-motivation drives Ida to achieve her goals in life. She believes in living holistically, and lifelong learning. She graduated with honours degree from University Science Malaysia in Business Management in 1989 and in 1998, she obtained MSc Human Resource Development from University Putra Malaysia. In 2016, Ida obtained master practitioner certification in Psychosomatic Psychology, Australia.

Leveraging on her vast experience in talent and leadership development, Ida set up Ida Hanim Asia EQ Solutions to fulfil her vision in facilitating leaders and professionals to develop mindfulness-based emotional intelligent abilities with psychosomatic approach. This strategic high road inner wisdom will enable them to lead with authenticity according to their personal values in this VUCA environment without compromising their well-being.